

GENERAL ACUPUNCTURE



HEALTH & WELLNESS / LIFESTYLE

Acupuncture and Illnesses of the 21st Century

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Within the last 30 years, new cases of Alzheimer's, Parkinson's, multiple sclerosis, depression, neurogenic syndrome, and fibromyalgia have been on the rise. Cases of children's cancer, breast cancer, prostate and testicular cancer have also skyrocketed. The unprecedented acceleration of these conditions has been cause of major concern within the medical field. Science has yet to explain the dramatic increase, yet the answer may be very obvious.

It cannot be denied that within the past three decades, Earth has been bombarded with man-made Electro Magnetic Frequencies (EMF) that have given rise to an increase in Electro Magnetic Radiation (EMR). Studies have shown these frequencies have more than quadrupled in the last 25 years. Humankind is being blasted by literally tens of millions of frequencies on a daily basis affecting our organs, tissues and body cells. These frequencies cannot be detected by human senses, however they are constantly surrounding every living organism on Earth 24 hours a day. These frequencies barely existed 50 years ago, but have grown to staggering levels.

There are estimated to be more than 10 billion different appliances worldwide which emit EMF and EMR frequencies to include computers, television LCD flat screens, microwaves, Wi Fi hot spots, nuclear power plants, digital appliances and an increasingly wide variety of others. With the invention of the cellphone just three decades ago (with an estimated excess of four billion in use internationally), there is overwhelming evidence that electromagnetic pollution may emphatically be the primary causative factor of many, if not most of the severe neurologic and somato viscerio issues plaguing modern man.

There has been conclusive evidence that cellphone use has contributed to brain tumors and meningioma's as shown by government studies. In June, the World Health Organization warned cellphone users they may be at increased risk for two types of rare tumors and should try to reduce their exposure to the energy emitted by the phones. In 2009, France's Environment Minister announced the government has put in place protection against encouraging the use of cellphones by children. It is now illegal in France to aim advertising of cellphones to anyone under the age of 14. Warnings are also required about the risks posed to children under the age of 6 using such a

device. Cellphones now have to meet new radiation requirements in order to be sold. A level has been set limiting the amount of radiation a phone is allowed to emit. This law is currently being considered by many nations around the world.

Much of the damage from low levels of EMR to human cell tissue appears to be cumulative, and thus the symptoms may not be felt for many years. A child's cell tissues in the head are said to absorb 60 percent more radiation from a mobile phone than an adult's. Wi-Fi radiation affects the whole body surface and not just the head. Since the development of digital transmissions, the number of people becoming sensitized to EMR has grown rapidly. All human beings are sensitive to EMF and EMR in that the existing electrical fields within their cell tissues are influenced by external fields. The Schwarzenburg study (1995) showed among the general population numerous health problems in concentration, fatigue, sleep, mental depression and cardiovascular conditions, which are all typical symptoms of sensitivity to EMR. Neurologic symptoms have also been reported.

San Francisco has become the first city in the United States to require wireless retailers to prominently display a device's specific absorption rate (SAR), which measures how much energy emitted by a phone is absorbed by the body. An Interphone study, investigating the potential links between cellphone use and tumors, concluded there was no link. However, when the data was broken down, it was concluded those using their cell phones only 30 minutes per day or more were found to have a 40 percent increased risk of a type of brain tumor (glioma). This risk increases to 96 percent if the phone is used mostly on one side of the head. This study does not address the potential impact EMR can have on other tissues and cells of the body.

In June of 2010, Congressman Dennis J. Kucinich (D-OH) introduced a bill to create a new national research program to study cellphones and health, requiring an update of the decades-old Specific Absorption Rate (SAR), and grant a consumer's right-to-know by providing for warning labels on cellphones.

With the advent of the myriad of Electro Magnetic Energy affecting the population of the Earth, mankind has not had time to adapt to this invasion, thus the increase in a variety of health conditions. There has not been a solution to the harmful pollution just to advise people of its existence.

It has been shown that the human body consists of an electromagnetic field as described in the circulation of *qi* energy through the meridian system. Even though modern science generally rejects the thought of the circulation of *qi*, this concept has been the cornerstone of the principle of acupuncture for several thousand years. In 1951, Dr. Yoshio Nakatani of Japan introduced his concept of *Ryodoraku*, and a measurement of the electromagnetic fields of the body was established. When one evaluates patients who live in known areas of high concentrations of electromagnetic fields, their meridian evaluation shows major disturbances. This is also true of the general population but to a lesser extent.

This modern diagnostic device most popularly known globally as Electro Meridian Imaging (EMI) has shown a high degree of accuracy in determining the current and potential future status of health. This is accomplished by a simple measurement of the *Yuan* (Source) points on the body and compared to each other to determine a base average. Meridian values, which are elevated from the base level or depressed from the base are considered to be pathologic in nature. One of the most revealing findings of the EMI has been the discovery of extremely split meridians in their numerical value from left to right. By measuring the Source point of each meridian, it allows the evaluation of both sides of the body as opposed to just one pulse representing a meridian in classic acupuncture.

In Mother Nature's undisputed way of caring for human kind through adaption and metamorphis, it is amazing that acupuncture's popularity in the United States and Europe coincided with the advent of electromagnetic pollution. Perhaps, one of the most significant treatments for a myriad of health conditions created by EMF and EMR is simply balancing the body's meridian system through the administration of specific acupuncture procedures.

In the September 2002 issue of *Acupuncture Today*, I submitted an article entitled "*Contemporary Acupuncture Diagnosis: Electro Meridian Diagnosis*." This was followed by another article in November 2002 "*Electro Meridian Imaging: Case Histories*."

Knowledge of the effects of EMF pollution and how to achieve balance is critical in the 21st century. Awareness of this vital factor will be key to your future success with patients as we become more involved with these electromagnetic fields.

AUGUST 2011