

The Pulse Points From The Second Century A.D.

John Amaro, LAc, DC, Dipl. Ac.(NCCAOM), Dipl.Med.Ac.(IAMA)

The Han Dynasty which flourished from 206 B.C. to 220 A.D. gave us one of the most revered books on acupuncture ever written namely the "*Nan Jing*." Otherwise known as the "Classic of Difficulties." It was written following the famous *Nei Jing*, which has been described as the first book on medical conditions.

The "*Nan Jing*" discussed a number of topics to include the "Eight Extraordinary Meridians." The theory of the mother/son rule regarding tonification and sedation, the Luo points, the development of the 60 transport points in Five Phase (Elements) and the meridians and points themselves, however, it is most known for introducing pulse diagnosis to the wrist.

Previously, acupuncture pulse diagnosis was used at a variety of points around the body with most meridians having multiple pulse locations. A very little known technique used in acupuncture, which developed within the first 400 years of the first millennium, was the stimulation of the related pulse points to affect the associated meridian.

Practitioners of acupuncture from the far Western Provinces of China use this technique regularly to have a general affect on the meridian channels. The points shown here are of historical significance because It was at these points that acupuncture pulse diagnosis was originally used. It did not move to the classic wrist points until much later in history.

The following points may very well be some of the most powerful effect points on the body. They have a remarkable effect on any meridian involvement. The only protocol would be to identify which meridian(s) are involved. This can be done by a variety of clinical approaches as well as general symptomatology.

Should there be a difficult case in which you have properly ascertained which meridian is involved, use the points listed here you may find remarkable clinical response. Even though there is very little further information on this ancient system of healing, it definitely bears our attention.

LUNG	LU9 - LU5 - LU4 - LU3 - LU2 - LU1
LARGE INTESTINE	LI4 - LI5 - ST4-
STOMACH	ST5 - ST9 - ST30 - ST42
SPLEEN	SP11 - SP12
HEART	HT1 - HT3 - HT4
SMALL INTESTINE	SI16 - GB1
BLADDER	BL54
KIDNEY	KI3 - KI9 - KI10
PERICARDIUM	P8

TRIPLE HEATER	GB2 - GB3
GALLBLADDER	ST7 - GB2 - GB39
LIVER	ST9 - CV2 - LIV3 - LIV10 - LIV11

For those who are well versed at "therapy localization" through AK muscle testing, these particular points are very reactive for meridian examination. I am told by the Masters I studied with on the Western plains of China, many previous Masters were known to dowse these points with a small piece of gold, malachite or jade attached to a leather string. They were all legends in healing.

As you can see by the list of these 35 points, they are all with the exception of a few, noted powerful points. Try them on your next difficult case you have nothing to lose and everything to gain. You can expect incredible results with these points.

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