

Health and Wellness Partnership

Editorial Staff

Yo San University of Traditional Chinese Medicine and The Wellness Center at the LAC + USC Historic General Hospital recently joined forces to extend care to the residents of Boyle Heights area of Los Angeles. The agreement will place Yo San University student interns at TWC's facility, housed in the original downtown historic site of LA County + USC Medical Center. To kick off the partnership, Yo San University took part in TWC's successful "Keep Moving, Feel Strong" outreach event in late February. Further planning is in the works for additional outreach projects and other opportunities for collaboration.

The Wellness Center (TWC) strives to expand access to services, encourage collaboration among non-profit groups, and attract community development and investment in largely underserved areas. Since opening the doors of its 30,000 square feet "one-stop" multi-services facility in 2014, TWC has become a key component of an East Los Angeles regional integrated health care delivery system.

According to TWC Executive Director Rosa Soto, the mission of The Wellness Center is to, "inspire and empower residents and patients to take control of their own health and wellbeing by providing culturally sensitive wellness and prevention services and resources that enable prevention, address the root cause of disease and improve health outcomes." In that regard," she said, "Yo San University's holistic, person-centered approach makes them a perfect partner for us."

"Our externship program is a distinctive mark of a Yo San University education, and our partnership with TWC is an ideal complement to our already premier list of externship sites," said President Lois Green. "At TWC, our students have a unique opportunity to gain new ideas and approaches for expanding access to culturally-competent care and to serve the health and wellness concerns of a diverse, primarily Spanish-speaking population."

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