

News in Brief

Editorial Staff

Acupuncture Valuable for Angina, Says Study

Research findings published in *JAMA Internal Medicine* suggest acupuncture effectively reduces the frequency of attacks in patients with chronic, stable angina. This clinical trial involved 404 patients randomized to one of four groups: acupuncture on the acupoints on the disease-affected meridian (DAM), acupuncture on the acupoints on the nonaffected meridian (NAM), sham acupuncture (SA) or no intervention whatsoever. Each member of the first three groups received treatment three times a week for four weeks (12 total sessions).

Patients recorded attacks every four weeks for the next 16 weeks; researchers noted that changes in the frequency of attacks differed significantly among groups, with the greatest reduction in attacks occurring in members of the group who received acupuncture on the acupoints on the disease-affected meridian (DAM).

Reference:

- Zhao L, et al. Acupuncture as adjunctive therapy for chronic, stable angina. *JAMA Internal Med*, 2019 July 29 (epub in advance of print).

ASA: New Board Members, Member Associations

The American Society of Acupuncturists (ASA) recently announced two new board members: Olivia Hsu Friedman (Illinois) and Andy McIntyre (Oregon). At the same time, the ASA announced four new state association members: the Acupuncture Association of Missouri, the Kentucky State Acupuncture Association, the California Acupuncture & Traditional Medicine Association, and the Nebraska Acupuncture & Oriental Medicine Association.

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