

ACUPUNCTURE & ACUPRESSURE

Ohio Health Network Using Acupuncture for Long COVID

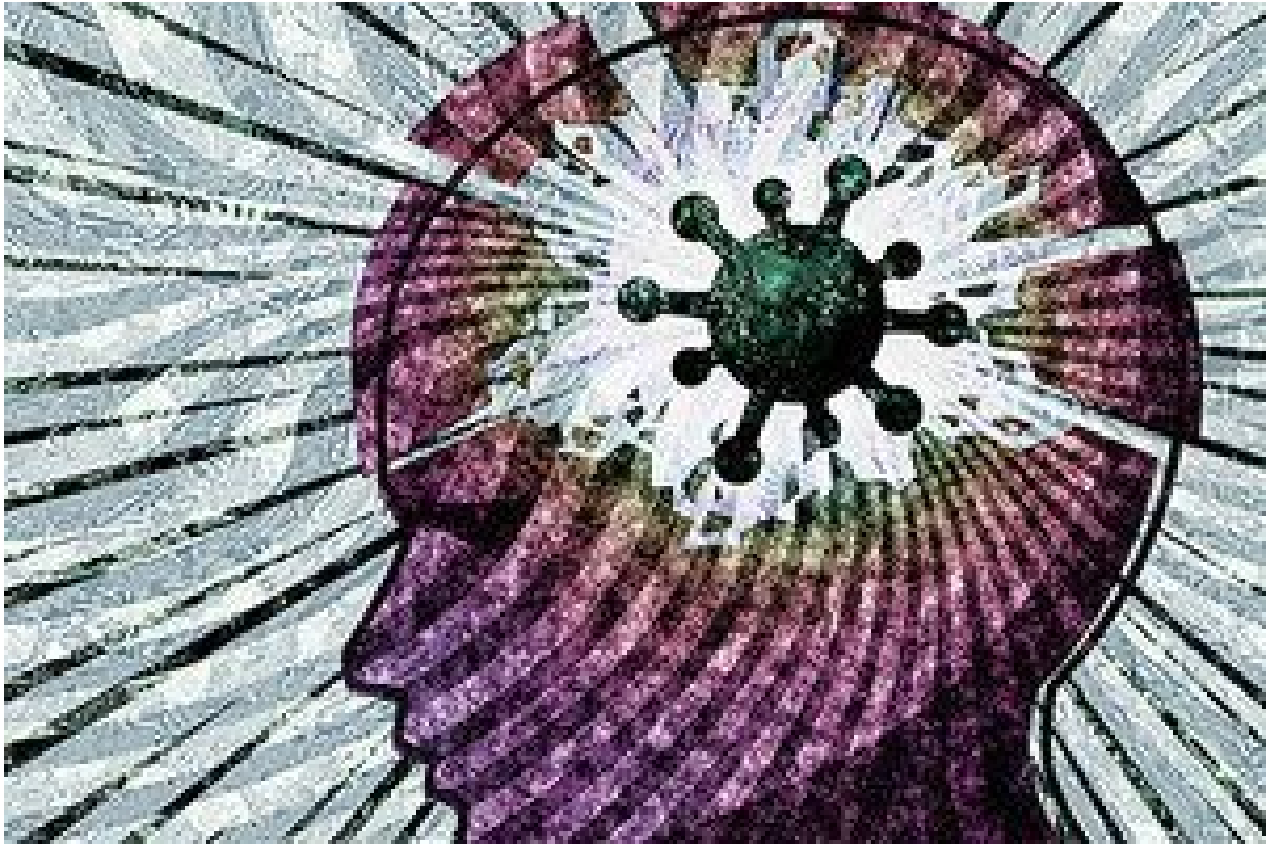
Editorial Staff | DIGITAL EXCLUSIVE

Cleveland, Ohio-based University Hospitals features an integrative health network that is utilizing acupuncture, among other therapies, to help patients presenting with symptoms of long COVID: brain fog, fatigue, headaches, dizziness and/or shortness of breath even months after infection.

In [an article](#) from a local news outlet reporting on UH Connor Whole Health's use of acupuncture to treat long-haul symptoms of COVID, acupuncturist Christine Kaiser, clinical manager for acupuncture and quality at UH Connor, stated:

"A lot of my COVID long haul patients are coming in, saying they feel shortness of breath, but also fatigue, body aches, headaches, insomnia, anxiety, these are things that we often treat with acupuncture. And luckily, as we've been applying acupuncture to the long haul cases we've been seeing a good response from patients."

UH Connor Whole Health has five locations in the Cleveland area, offering acupuncture and a wide range of other integrative services including chiropractic, massage, meditation, mindfulness, music therapy, guided imagery, yoga and stress management. (To learn more, [click here](#).)



If you're wondering whether acupuncture is being provided by medical doctors or other health care professionals, rather than licensed members of the AOM profession, the UH website clearly states the following:

"Our acupuncturists are all licensed and highly trained, and work collaboratively with a patient's primary care physician or specialists to ensure they are getting appropriate care for their condition, both through Traditional Chinese Medicine and [W]estern medicine practices. This holistic approach to health and wellness is one of the hallmarks of our integrative medicine program."

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