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Hua Tuo, on the other hand, developed a system of healing which appears to be remarkably similar to chiropractic but 2,000 years prior to the discovery of both osteopathy and chiropractic. By the stimulation of these specific points at the precise vertebral level, virtually any condition can be positively affected. That does not mean to say these points will cure everything, however the success rate in using these points at the precise locations is nothing short of miraculous. The key is understanding the exact level of the vertebra in relation to the organ and tissue it controls. For

example, Thoracic 6 is specific to the Stomach, whereas Thoracic 7 and 8 are specific to the Spleen/Pancreas. The *jia ji* points of C7 is specific to the thyroid, as well as the shoulders and elbows.

The classic acupuncture point known as BL10 is 1.3 cun bilateral to DU15, which is just below the pseudo spinous of the first cervical vertebrae. However the *jia ji* point, located 0.5 cun lateral to DU15, will affect the pituitary gland, scalp, brain, inner and middle ear, and sympathetic nervous system. An "energetic subluxation" at this point will manifest itself in neurasthenia, insomnia, hypertension, migraine, chronic tiredness, vertigo, headaches and susceptibility to colds.

These reflexes are very specific and have been a vital part of certain specialty practices of chiropractic for well over a century. The stimulation of the *Hua Tuo Jia Ji* points are not routine or well known in the chiropractic profession. However, the reflex levels are classic and extremely well established. Chiropractic physicians will routinely adjust the vertebrae by hand or cause hyperstimulation through automatic or manual adjusting devices.

I always advise practitioners to stimulate not only the *Hua Tuo Jia Ji* point but the GV and, if appropriate, the *shu* point during treatment. *Gua sha* is an exceptional way to stimulate these points as it is quick, easy and effective.

In as much as the specific reflex areas of the spine are generally only used by specialty chiropractic practices, it is assumed that most acupuncture practitioners are unaware of these specific locations. Electro-meridian imaging (EMI) will direct the practitioner to the precise vertebral level since any meridian involvement will always reflex directly to the spine. This is an exceptional way to determine general levels to be treated. However, if one knows the specific areas affected, it is a matter of academia to select the proper level or combination of levels. Contact me directly with your request for a specific meric reflex chart and begin using this absolutely incredible system of acupuncture. You will be amazed at the response.

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